

# LAURA BROPHY

*Psychologist*



## *Details*

- € EUR 90.00 / session
- 📺 Online sessions available
- 🌐 English
- 📄 Download PDF

## *About Laura*

My name is Laura and I'm a psychologist from Melbourne, Australia who provides individual and group treatment for adults and adolescents in Berlin. It is a genuine privilege to be a partner in the transformation of people's lives.

I do my best to be the change I seek to create for my clients – committed, compassionate and respectful – and treat the entire person, not just their problems.

My fundamental philosophy views the individual as whole and unbroken at their core. Through exploration together, we can begin to identify and overcome the barriers that are stopping you from connecting to this true and authentic version of yourself. This means moving beyond the removal of symptoms and suffering, to the development of health, vitality and wellbeing.

I am and have always been passionate about working with people and I endeavour to provide professional and ethical support in a dynamic and tailored way. With a Master of Psychology (Clinical) from Australia, I am specialised in treating various mental health issues with training and experience in Interpersonal Psychotherapy (IPT), Acceptance and Commitment Therapy (ACT), mindfulness and meditation, and trauma-informed treatment models. My approach is both eclectic and collaborative – so we can work together in a way that feels right for you.

It takes a huge amount of courage to reach out for support. I look forward to hearing from you and discussing your needs.

## *Education & Experience*

- 2018-now Facilitator\*  
Women Who Run With The Wolves Book Club, Berlin
- 2017-2018 Facilitator  
Sister Circle women's group program, Berlin
- 2016-now General Registration  
Psychology Board of the Australian Health Practitioner Regulation Agency
- 2016-2017 Psychologist  
Clarity Health Care Mental Health Service, Melbourne
- 2016-2017 Key Clinician / Psychologist  
North West Area Mental Health Service, Melbourne
- 2014-2015 Provisional Psychologist  
St Vincent's Hospital Acute Inpatient Service, Melbourne
- 2013-2016 Psychologist  
headspace, Melbourne
- 2013-2016 Online Mental Health Clinician  
headspace, Melbourne
- 2012-2016 Master of Psychology (Clinical)  
Swinburne University of Technology, Melbourne
- 2012-2013 Provisional Psychologist  
Swinburne Psychology Clinic, Melbourne
- 2011-2012 Psychology IV Honours  
University of Wollongong

2011-2012 Telephone Crisis Counsellor  
Lifeline, Wollongong

2008-2010 Bachelor of Social Science (Psychology)  
RMIT University, Melbourne